Office of U.T. Appropriate Authority, Under PC& PNDT Act DIRECTORATE OF FAMILY WELFARE, GOVT. OF NCT OF DELHI

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F. No. 9(4)/2/ DFW/ PNDT/2012/Pt-File-II/ 6788-679 \

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Advisory

The record maintenance under PC & PNDT Act have been mentioned under section 4 (3), Rule 9 (4) and 10(A) of PC& PNDT Act and filling of form 'F' is one of the important component of record keeping. The indications for the filling of Form 'F' have been mentioned under provisions of PC& PNDT Act.

Based on various queries and suggestions being received in regard to the filling of form 'F' for follicular studies during the treatment of infertility and IVF procedure the follicular monitoring through ultrasound is being done and it is only a screening procedure for observing the progressive development of a follicles in an ovary.

Further, as per Assisted Reproductive Technology (Regulation) Act, 2021 under section 2 (1) (a) "assisted reproductive technology" with its grammatical variations and cognate expressions, means all techniques that attempt to obtain a pregnancy by handling the sperm or the oocyte outside the human body and transferring the gamete or the embryo into the reproductive system of a woman; Hence simple follicular development monitoring by ultrasonography is not an ART procedure but when the oocyte retrieval is being done as a part of follicular monitoring the same will be covered under ART & PC& PNDT Act.

Follicular monitoring refers to the use of ultrasound to track the development of ovarian follicles, which is often done in cases of infertility treatment to determine the best time for conception, particularly during assisted reproduction techniques like IVF (In-Vitro Fertilization). In this context, the filling of Form 'F' is not mandatory for routine follicular monitoring since it does not directly involve prenatal diagnostics. It is only required if the ultrasound is conducted in a scenario involving oocyte retrieval, a process critical in IVF procedures.

Even though Form 'F' may not be required for all follicular monitoring, the medical center conducting these procedures must maintain proper documentation and records. These records are essential for regulatory purposes, ensuring that the center can demonstrate compliance with the PC&PNDT Act, especially since ultrasound machines can be misused for prenatal sex determination, which the Act strictly prohibits.

Oocyte retrieval is the process of extracting eggs from the ovaries, typically performed during assisted reproduction cycles like IVF - When follicular monitoring leads to oocyte retrieval, this becomes a part of the reproductive process that may require ultrasonography for a diagnostic or interventional purpose. In these cases, Form 'F' must be filled out to ensure that the ultrasound is appropriately documented under the Act's guidelines.

In view of this, the filling of Form 'F' is not necessary for all the ultrasound studies for follicular monitoring. However, the centers shall ensure proper maintenance of records for follicular monitoring and shall fill the form 'F' for those cases where the oocyte retrieval is being done as a part of follicular monitoring through ultrasonography. Further, the centers shall comply with all the provisions of the PC& PNDT Act for the maintenance of the records.

This issue with prior approval of Chairperson, State Appropriate Authority, GNCTD.

(Dr. Satyajit Kumar) SPO, PC & PNDT

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Copy to:

- 1. PA to Chairperson, SAA/Director, Family Welfare.
- 2. Dy. Director, WCD, Member, SAA
- 3. All District Appropriate Authority.
- All District Nodal Officers, PC & PNDT.

(Dr. Satyajit Kumar) SPO, PC & PNDT